



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2016 YMCA YEAR ROUND PRIVATE SWIM LESSONS! Crozet YMCA



YMCA Swim Lessons are taught by nationally certified instructors with additional training in CPR, First Aid, and AED. Certified lifeguards are on duty at all times. We have instructors that can teach children as young as 12-months all the way through adult including persons with special needs. Our instructors will work with you to develop a variety of swimming skills as well as confidence in the water.



PRIVATE SWIM LESSONS

Private lessons are scheduled upon request. Lessons are taught in 30-minute sessions and scheduled based upon the instructor's availability. At time of registration please supply with dates and times for when you would like your lessons to take place.

DATES AVAILABLE	DAYS	TIME	MEMBER	NON-MEMBER	Additional Swimmer (per lesson)
All Year Round	Monday to Saturday	Upon Request	\$30	\$40	\$10/person per lesson**

PRIVATE SWIM LESSON BLOCK PLANS

Private lessons block plans are scheduled upon request. All with the same instructor. Lessons are taught in 30-minute sessions and scheduled based upon the instructor's availability. At time of registration please supply with dates and times for when you would like your lessons to take place. Block plans are ideal for both children and adults who may want to brush up on their techniques before joining one of our other aquatics programs.

BLOCK PLAN	DAYS	TIME	MEMBER	NON-MEMBER	Additional Swimmer (per lesson)
5	Monday to Saturday	Upon Request	\$140 (\$28 per lesson)	\$160 (\$32 per lesson)	\$10/person per lesson (\$50 total)**
10	Monday to Saturday	Upon Request	\$280 (\$28 per lesson)	\$320 (\$32 per lesson)	\$10/person per lesson (\$100 total)**

** There is a maximum of 2 people in a lesson. All participants registered will split the 30 minutes for the lesson.

BASIC SWIM LESSON DESCRIPTIONS

Preschool Children (Ages 3-5)

For young children who are moving toward independence in the water. Potential skills that can be focused on: going underwater and blowing bubbles; becoming comfortable floating on both stomach and back; and introduction to strokes.

Youth (Ages 6 and up)

For school-age children who are first entering the water or need stroke development. Potential skills that can be focused on: floating; front, back & side paddle strokes; swimming across the pool unassisted; treading skills; refining stroke techniques; jump in deep water and recover; basic diving skills, and more.

Adult (16 and up)

For adults of all swimming abilities. Whether you are just entering the water for the first time or looking for stroke development. Instructors will help you achieving your own personal swimming goals while helping you feel at ease in the water.

YMCA SWIM LESSON REQUEST FORM

Please print legibly. Form must be fully-completed, with payment must be made once scheduled.

Member Number (back of key tag) _____ Primary Member Name _____

Non-Member Parent/Guardian _____ Birth Date _____

Street Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Email Address _____ Mobile Phone _____

Emergency Contact _____ Phone _____

Participant Name	Birth Date	M/F	One Private	Five Block	Ten Block	Add Swimmer	Available Dates	Available Times	Fee

Participant Ability Level(s) _____

Participant Goals _____

REGISTRATION OPTIONS:

1. **Mail** your completed registration form, including payment, to the PARC/YMCA: 1075 Claudius Crozet Park, Crozet, VA 22932.
2. **Fax** completed registration form, with payment, to (434) 205-4385.
3. **Drop off** your completed registration form, including payment, to the PARC/YMCA.

Payment (check one) E-MEMBER* CASH CHECK CHARGE (VISA, MASTERCARD, DISCOVER)

*Current credit card drafting member or credit card information on file. Only signature required below.

Card # _____ Expiration Date _____

Cardholder's Name _____

Cardholder's Signature _____ Date _____

Waiver

I hereby certify that my child is in good health and capable of safe participation in this YMCA program. I understand that the PARC/YMCA assumes no responsibility for any possible injuries or illness sustained as a result of my child's participation in any athletic program, sport or activity and that I assume all risks thereof. I hereby authorize the YMCA/PARC to obtain medical treatment for my child in the event that the above parent contact(s) cannot be reached. I hereby release and discharge the PARC/YMCA, its agents, servants and employees from any and all claims for injury, illness, death, loss or damage which my child may suffer as a result of his/her participation in these activities. I understand that the PARC/YMCA is not responsible for personal property lost or stolen while members and/or program participants are using the PARC/YMCA facilities and/or are on YMCA/PARC premises. I give the YMCA/PARC permission to print, publish and display pictures of my child, without limitation, in order to promote YMCA/PARC programs. By signing below, I agree to all of the terms and conditions as set forth in this Waiver,

Signature of Parent/Guardian _____ Date _____