



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## PIEDMONT FAMILY YMCA JOB DESCRIPTION

Job Title: CYAC Coach  
Leadership Level:  
Status: P/T  
Reports to: Mike Weinert

Pay Range: \$20.00 hourly  
FLSA Status: Non-Exempt  
Department: CYAC  
Location: Brooks

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### POSITION SUMMARY:

CYAC Swim Team is a year-round competitive swim program dedicated to providing all swimmers in the greater Charlottesville-Albemarle area a positive and healthy swimming experience. CYAC offers both locations. The brand new 10-lane pool at Brooks Family YMCA in Charlottesville and Crozet Park Pool in Crozet. This position supports the work of the Y, a leading nonprofit committed to strengthening community through youth development, healthy living and social responsibility. This position provides direct leadership, instruction and motivation for students in swimming.

### ESSENTIAL FUNCTIONS:

- Instructs CYAC swim practices in accordance with YMCA guidelines, having prepared lesson plans accordingly.
- Builds effective, authentic relationships with swimmers and parents, helps them connect with each other and the YMCA. Encourages parent involvement and identifies potential volunteers.
- Maintains records as required (i.e. attendance, progress reports, etc.)
- Attends staff meetings and trainings as scheduled.
- Follows all YMCA policies, rules, regulations, and procedures including emergency and safety precautions. Completes incident and accident reports as necessary.
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### LEADERSHIP COMPETENCIES:

Advancing Our Mission & Cause: Engaging Community, Volunteerism, Philanthropy, Change Leadership

Building Relationships: Collaboration, Communication & Influence, Inclusion

Leading Operations: Critical Thinking & Decision Making, Fiscal Management, Functional Expertise, Innovation, Program/Project Management

Developing & Inspiring People: Developing Self & Others, Emotional Maturity

### QUALIFICATIONS:

- Certifications, CPR for the Professional Rescuer, AED, Background Check through USA Swimming, Safety Training for Swim Coaches (online and in water), Foundations of Coaching 101, Athlete Protection Training.
- Must be able to demonstrate swim instructor skills in accordance with YMCA standards.
- At least 18 years of age.
- Coaching member of USA and Virginia Swimming.

### WORK ENVIRONMENT & PHYSICAL DEMANDS:

- The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
- Ability to instruct and observe participants in proper stroke techniques.

**PIEDMONT FAMILY YMCA JOB DESCRIPTION FOR XXX**

- Ability to lift equipment, and to lift a small to average size child.

**SIGNATURE:**

I have reviewed and understand this job description.

\_\_\_\_\_  
Employee's name

\_\_\_\_\_  
Employee's signature

Today's date: \_\_\_\_\_