



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

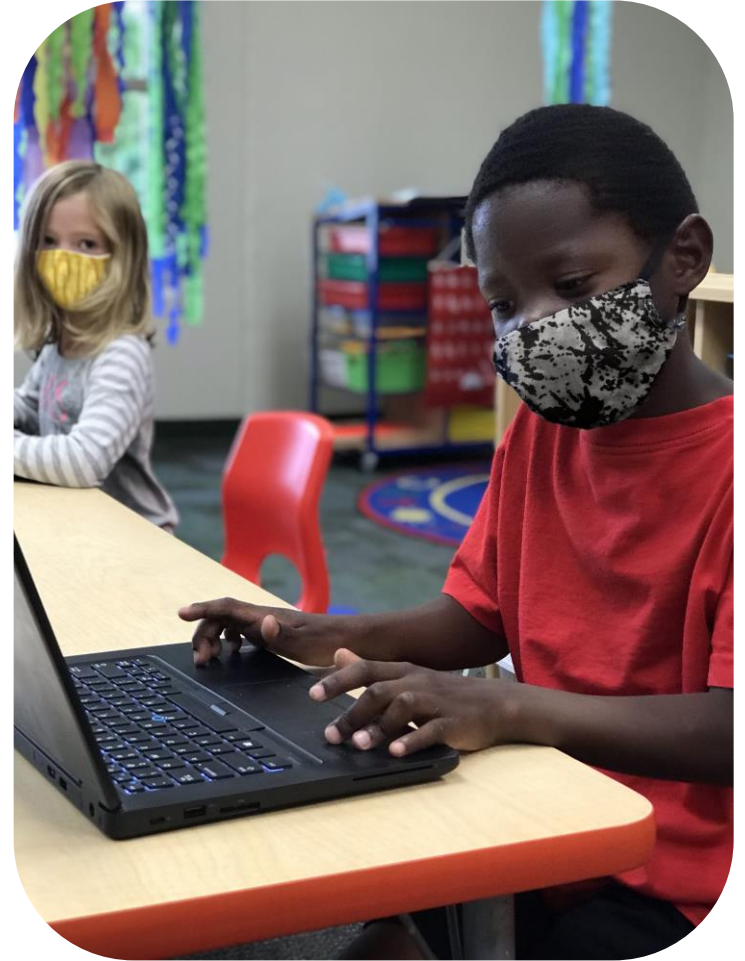
YMCA VIRTUAL LEARNING CENTER PARENT ORIENTATION

WEDNESDAY, SEPTEMBER 2, 2020



AGENDA

- Welcome
- Staffing
- Operations
- COVID -19 Update
- Parent Requirements
- Contact Information



STARTS SEPTEMBER 8!



STAFF

Brooks	Walker
Cassandra Barnes, Site Supervisor	Tracy Coleman, Site Supervisor
Jordan Leitch, Site Supervisor	

Each Learning Center will have the following staff:

- a. Certified teachers
- b. Lead teachers
- c. Assistant Teachers



OPERATIONS

Hours of Operations: 7:30am-5:30pm

*per DSS guidelines, this allows the same staff member to stay with the kids the whole day and limit cross-contact

Drop off:

Between 7:30am-8am (curbside)

*if you pick up early, please call director

Pick up:

4:30pm-5:30pm

Schedule will include:

Synchronous Learning

Asynchronous Learning

Lunch

Specials (PE, Art, Music)

Enrichment Activities

Recess



OPERATIONS

Group size:

- 1:12 (Teacher: Student)
- Students will remain with same group all day

What to expect in your huddle group:

- Students will remain 6 feet apart per CDC and social distancing guidelines
- Frequent handwashing, cleaning and disinfecting between use
- Outdoor time is scheduled throughout the day
- Mask breaks
- Individual desk and storage basket



OPERATIONS

Drop off

- Please follow the signage and proceed to the orange cone
- Please do not get out of your car
- You will be asked the assessment questions and temperature taken
- Child will walk to the designated area

Pick up:

- Follow the signage and proceed to the orange cone
- Stay in your car, staff will ask you for the child's name and the code word
- Child will be brought to your car
- Please be patient

SPECIAL NOTE:

- If you come prior to 4:30pm, you must call ahead
- DSS families will need to get out of the car and go to the designated area to swipe both in and out



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COVID-19 PREPAREDNESS & RESPONSE PLAN

Piedmont Family YMCA

COVID-19 PREPAREDNESS

How to Protect Yourself & Others

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

Know how it spreads

- There is currently no vaccine to prevent COVID-19
- The best way to prevent illness is to avoid being exposed
- The virus is thought to spread from person-to-person
 - Between people who are in close contact (6 feet)
 - Through respiratory droplets produced when an infected person coughs, sneezes or talks
 - Recent studies suggest that COVID-19 can be spread by people who are not showing symptoms

Everyone should: Avoid close contact

- Avoid close contact with people who are sick.
- Maintain six (6) feet of distance between yourself and people who don't live in your household at all times
- Always cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in the trash and immediately wash hands
- Monitor your daily health. Be alert for symptoms and monitor temperature. Stay home when sick.

Everyone should: Wash your hands often

- Wash your hands with soap and water for at least 20 seconds
 - When you arrive to work
 - When you transition in public spaces at work
 - After blowing noses, coughing or sneezing
 - When departing from work
- If soap or water are not readily accessible, use a hand sanitizer that contains at least 60% alcohol
- Avoid touching your eyes, nose, and mouth with unwashed hands

Everyone should: Wear a face covering

- You could spread COVID-19 even if you do not feel sick
- The mask is meant to protect other people in case you are infected
- EVERYONE should wear a mask in public settings and when around people who don't live in your household
- Continue to keep about six (6) feet between yourself and others. The mask is NOT a substitute for social distancing

COVID-19 PREPAREDNESS

Monitor for Daily for Symptoms

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Watch for symptoms

- People with COVID-19 have had a wide range of reported symptoms – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

This list does not include all possible symptoms.

[Coronavirus Self-Checker](#)

People at increased risk

- Older adults
- People with medical Conditions
 - Cancer
 - Chronic kidney disease
 - COPD
 - Immunocompromised state
 - Obesity
 - Serious heart conditions
 - Sickle cell disease
 - Type-2 diabetes

Where do I get tested?

- FREE COVID-19 Testing Sites in TJHD
<https://www.vdh.virginia.gov/thomas-jefferson/covid-19-testing-sites/>
- MedExpress Urgent Care
 - 1149 Seminole Trail
 - 260 Pantops Center
- Sentara Martha Jefferson Hospital
 - 500 Martha Jefferson Drive

COVID-19 RESPONSE PLAN

High-Risk Situation

Confirmed case onsite

Action Plan for Confirmed Positive Person

Immediate isolation

Notify COO, Missy Corbin – 434-953-6177

Notify CEO, Jessica Maslaney – 571-233-2397

COO/CEO will contact the Thomas Jefferson Health District (TJHD) for further instruction

Action Plan for Facility/Childcare

Coordinate with TJHD to identify close contacts via phone and require quarantine for 14-days (or as recommended by TJHD)

Notify facility or childcare participants of confirmed case via email and/or onsite via letter (or as recommended by TJHD)

Deep clean affected area

Action Plan for Close-Contact Employees

TJHD will determine close contacts

Recommendation to quarantine for 14 days (or as recommended by TJHD). Employee will be paid for remote work identified by supervisor. If no remote work is available, employee can use accrued sick, personal and vacation time.

Active monitoring as determined by TJHD

Recommendation to postpone long-distance travel and/or use of commercial or public transportation

Action Plan for NOT Close-Contact Employees

No action needed

Staff have no identifiable risk

If employee feels uncomfortable coming to work, employee will be paid for remote work identified by supervisor. If no remote work is available, employee can use accrued sick, personal and vacation time.

* **Confirmed Medical Diagnosis** Written diagnosis of COVID-19 by a health department official or a medical doctor. Also includes cases with initial test positive, pending verification.

** **Close Contact** Less than 6 feet for a 15-minutes. It also includes contact with bodily fluids.

*** **Symptomatic for COVID-19** Fever >100.4°F (oral thermometer) and/or cough/difficulty breathing.

COVID-19 RESPONSE PLAN

Medium-Risk Situation

Close contact and symptomatic

Action Plan for Symptomatic Person

Immediate self-isolation until **all three** of the below: You have not had a fever and gone 72hrs without fever reducing medicine. Your respiratory symptoms have improved coughing and shortness of breath have improved and you have two negative COVID-19 diagnostic molecular tests collected at least 24hrs apart.

Contact the Thomas Jefferson Health Department for further instruction and complete the online VA Department of Health COVID-19 check at

<https://www.vdh.virginia.gov/coronavirus/covidcheck/>

Action Plan for Close-Contact Employees/Participants

Notify COO, Missy Corbin – 434-953-6177

Notify CEO, Jessica Maslaney – 571-233-2397

COO/CEO will contact the Thomas Jefferson Health District(TJHD) for further instruction. COO/CEO should complete contact tracing using cameras to identify staff or members who may have had close contact with medium risk individual.

Monitor their symptoms and health

Action Plan for Facility/Childcare

COO/CEO will contact the Thomas Jefferson Health District (TJHD) for further instruction

Perform cleaning and sanitation duties as normal

Increase cleaning and sanitation in bathrooms and high-touch areas

Action Plan for NOT Close-Contact Employees/Participants

No action needed

Staff/Participants have no identifiable risk

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** **Close Contact** Less than 6 feet for 15-minutes. It also includes contact with bodily fluids.

*** **Symptomatic for COVID-19** Fever >100.4°F (oral thermometer) and/or cough/difficulty breathing.

COVID-19 RESPONSE PLAN

Low-Risk Situation

Close contact but not symptomatic

<p>Action plan for person who was in close contact** with a person who has a confirmed medical diagnosis* of COVID-19</p> <p>Notify COO, Missy Corbin – 434-953-6177</p> <p>Notify CEO, Jessica Maslaney – 571-233-2397</p> <p>COO/CEO will contact the Thomas Jefferson Health District (TJHD) for further instruction</p>	<p>Action Plan for Facility/Childcare</p> <p>Perform cleaning and sanitation duties as normal</p> <p>Increase cleaning and sanitation in bathrooms high-touch areas</p> <p>Coordinate with local health officials</p>
<p>Action Plan for Close-Contact Employees (of the Close-Contact Person)</p> <p>Practice social distancing</p> <p>Self monitoring</p> <p>Continue working</p>	<p>Action Plan for NOT Close-Contact Employees</p> <p>No action needed</p> <p>Staff have no identifiable risk</p>

* **Confirmed Medical Diagnosis** Written diagnosis of COVID-19 by a health department official or a medical doctor. Also includes cases with initial test positive, pending verification.

** **Close Contact** Less than 6 feet for 15 minutes. It also includes contact with bodily fluids.

*** **Symptomatic for COVID-19** Fever >100.4°F (oral thermometer) and/or cough/difficulty breathing.

COVID-19 RESPONSE PLAN

Minimal-Risk Situation

No close contact but symptomatic

Action Plan for Symptomatic Person

Self-isolation and practice social distancing

Person should seek health advice to determine if medical evaluation is needed

Employees can use accrued sick, personal and vacation time if the medical provider says it is medically necessary to remain quarantined

Can return to work with medical release

Action Plan for Facility/Childcare

Perform cleaning and sanitation as normal

Increase cleaning and sanitation in bathroom and high-touch areas

Coordinate with local health officials

Action Plan for Close-Contact Employees

Practice social distancing

Self monitoring

Continue working

Action Plan for NOT Close-Contact Employees

No action needed

Staff have no identifiable risk

* **Confirmed Medical Diagnosis** Written diagnosis of COVID-19 by a health department official or a medical doctor. Also includes cases with initial test positive, pending verification.

** **Close Contact** Less than 6 feet for 15 minutes. It also includes contact with bodily fluids.

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COVID-19 RESPONSE PLAN

Definitions

Close contact is defined as:

- a) being within approximately 6 feet of a COVID-19 case for a **prolonged period of time (15+ minutes)**; close contact can occur while caring for, living with, visiting, or sharing a healthcare waiting area or room with a COVID-19 case **AND/OR**
- b) having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on)

Conditional release defines a set of legally enforceable conditions under which a person may be released from more stringent public health movement restrictions, such as quarantine in a secure facility. These conditions may include public health supervision through in-person visits by a health official or designee, telephone, or any electronic or internet-based means of communication as determined by the CDC Director or state or local health authority. A conditional release order may also place limits on travel or require restriction of a person's movement outside their home.

Congregate settings are crowded public places where close contact with others may occur, such as shopping centers, movie theaters, stadiums.

Isolation/Self-isolate means the separation of a person known or reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease.

Quarantine in general means the separation of a person/group reasonably believed to have been exposed to a communicable disease but not yet symptomatic, from others who have not been so exposed, to prevent the possible spread of the communicable disease.

Self-monitoring means people should monitor themselves for fever by taking their temperatures twice a day and remain alert for cough or difficulty breathing. If they feel feverish or develop measured fever, cough, or difficulty breathing during the self-monitoring period, they should self-isolate, limit contact with others, and seek advice by telephone from a healthcare provider or local health department to determine if medical evaluation is needed.

Self-observation means people should remain alert for subjective fever, cough, or difficulty breathing. If they feel feverish or develop cough or difficulty breathing during self-observation, they should take their temperature, self-isolate, limit contact with others, and seek advice by telephone from a healthcare provider or local health department to determine if medical evaluation is needed.

Social distancing means remaining out of congregate settings, avoiding mass gatherings, and maintaining distance (approximately 6 feet) from others when possible.

Symptoms compatible with COVID-19, in this document, include subjective or measured fever, cough, or difficulty breathing.

* **Confirmed Medical Diagnosis** Written diagnosis of COVID-19 by a health department official or a medical doctor. Also includes cases with initial test positive, pending verification.

** **Close Contact** Less than 6 feet for 15 minutes. It also includes contact with bodily fluids.

*** **Symptomatic for COVID-19** Fever >100.4°F (oral thermometer) and/or cough/difficulty breathing.

COVID-19 UPDATES

- Children isolated in pods to limit cross-contact
- Children's workstations will be spaced 6' apart
- Staff and students will wear face covering all day (designated "mask breaks")
- We recommend parents provide a face covering for children that is correctly sized
- Temperature checks conducted in morning and afternoon
- Students will receive individual supplies (asked not to share)
- Children will have individual labeled baskets for their belongings
- Equipment and supplies will be cleaned before and after use
- Cleaning, disinfecting and sanitizing will take place frequently
- Children will eat at their desk and it will be cleaned and sanitized before and after use

PARENT REQUIREMENTS

- All documents submitted: Enrollment form, birth certificate, physical, immunization, financial documentation by Thursday, September 4th
- Medication in original bottle (Medicine Administration Form on file)
- Submit student schedule by Friday, September 4th
- Bring learning device, headphones, and school supplies – please include log-in and password information and any forms/materials sent from school
- Submit weekly meal plan by each Thursday (WALKER ONLY)
- Provide lunch and 2 snacks (BROOKS ONLY)
- Label all belongings
- Face covering required daily

KINDERGARTEN

- Walk-thru Orientation
 - **Brooks:** Thursday, September 3rd from 6:00pm-7:00pm
 - **Walker:** Thursday, September 3rd from 3:00-5:00pm

You will need to make a reservation with the site supervisor. Email invitations sent directly to families



CONTACT INFORMATION

- **Bonita Patton**, Senior Youth & Family Director
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- **Tracy Coleman**, Walker Site Supervisor
tcoleman@piedmontymca.org
- **Cassandra Barnes**, Brooks Site Supervisor
cbarnes@piedmontymca.org
- **Jordan Leitch**, Brooks Site Supervisor
jleitch@piedmontymca.org



THANK YOU

Bonita Patton

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