



# Youth Recreation League FAQ

## Welcome!

We're excited to have your family join the YMCA Youth Recreation League. Below are answers to our most common questions. If you need more help, email us at [rsampson@piedmontymca.org](mailto:rsampson@piedmontymca.org).

---

## At-a-Glance

- **Practices:** Once a week on a weekday, 1 hour long.
  - **Games:** Saturdays starting at 8:00 AM.
  - **Ages:** Leagues for 1st–8th graders.
  - **Uniforms:** Jerseys provided; additional equipment required based on the sport.
- 

## Registration & Fees

### 1. When does registration close?

Registration dates are listed on the website. A \$25 late registration fee applies during the late registration period.

### 2. What is the refund policy?

- **Before the first practice:** Full refund available.

- **After the first practice:** 50% refund.
- **After the first game:** No refunds.

### **3. How are teams formed?**

Teams are primarily divided by school. We do our best to honor player and coach requests submitted during registration, but these requests are not guaranteed.

---

## **Practices & Games**

### **4. When and where are practices?**

- **Frequency:** Once a week for 1 hour.
- **Schedule:** Assigned by the YMCA. Younger athletes practice earlier in the evening.
- **Location:** Practice sites and times are determined by the county.

### **5. Can I choose my child's practice day or time?**

Unfortunately, practice days and times are assigned, and we cannot accommodate individual preferences.

### **6. When are the games?**

Games are held on Saturdays, starting around 8:00 AM.

### **7. What happens if a game is canceled?**

If a game is canceled, we'll notify the league, and the game will be rescheduled for the end of the season before playoffs. We have 2 dates for make ups games built into the season. If the 2 days are reached the games will be cancelled.

## **8. When will I find out my child's team and schedule?**

Teams rosters are released 1 week before the first practice. Game schedules are released during the first week of practice.

---

## **Uniforms & Equipment**

### **9. What is provided, and what do I need to buy?**

- **Uniforms:** Jerseys are provided.
- **Equipment:**
  - *Flag Football:* Mouth guard required.
  - *Basketball & Volleyball:* Athletic shoes required.

We will share additional equipment details at the start of the league.

---

## **Volunteering & Parent Involvement**

### **10. Can I volunteer to coach or help?**

Yes! We love our volunteers and need help with:

- Coaching
- Refereeing
- Scorekeeping
- Assisting with Little Rushers, Kickers, and Dribblers

To volunteer:

- **If registering a child:** Indicate your interest on the registration form.
- **Not registering a child?** Email [rsampson@piedmontymca.org](mailto:rsampson@piedmontymca.org).

### **11. Can parents attend practices and games?**

Yes, parents are welcome! However, we ask all spectators to avoid

approaching officials or the scorer's table. This behavior, for any reason, will result in the immediate removal from the venue. If you have feedback, please share it with the site supervisor.

---

## **Communication & Updates**

### **12. How will I get updates about my child's team?**

Coaches will send team-specific updates via email or text. General league updates will be sent directly to parents.

### **13. How can I reach someone for questions or concerns?**

Email us at **[rsampson@piedmontymca.org](mailto:rsampson@piedmontymca.org)**. During registration periods, please allow 24–48 hours for a response.

---

We are here to make this a positive and rewarding experience for your family. Thank you for joining our YMCA Youth Recreation League!