

Brooks Family YMCA

Lap Pool Lanes



January 2020

All Times Subject to Change

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5-5:30am Lane 1-10 Lap Swim	5-5:15am Lap Swim Lane 1-10	5-5:15am Lap Swim Lane 1-10	5-5:15am Lap Swim Lane 1-10	5-10:00am CYAC 5:30-7:30 Lane 1-9	7:00-8:30am Lane 1-8 CYAC Lane 9-10 Lap Swim	
5:30-7:30am Lane 1-9 CYAC Lane 10 Lap Swim	5:15-7:30am CYAC Lane 1-10 7:30-7:45am Lane 1-7 CYAC Lane 8-10 Lap Swim	5:15-7:30am CYAC Lane 1-10 7:30-10am Lane 1-7 Lap Swim Lane 8-10 Group Ex	5:15-7:30am CYAC Lane 1-10 7:30-7:45am Lane 1-7 CYAC Lane 8-10 Lap Swim	10am-4:30pm Lap Swim E-Team 1-2:30 Lane 3-10 Synchro 2:30-4 Lane 1-3	8:30-10:30am Lane 1-10 CYAC	
7:30-10am Lane 1-7 Lap Swim Lane 8-10 Group Ex	7:45am-4pm Lane 1-10 Lap Swim 4-4:30pm Lane 1-4 CYAC Lane 5-10 Lap Swim	10am-4:30pm Lap Swim E-Team 1-2:30 Lane 3-10 Synchro 2:30-4 Lane 1-3	7:45am-4pm Lane 1-10 Lap Swim 4-4:30pm Lane 1-7 CYAC Lane 8-10 Lap Swim	4:30-4:45 Lane 1-6, 10 Lap Swim Lane 7-9 CHS	10:30am-12pm Lane 1-7 CYAC Lane 8-10 Lap Swim	12-5:30pm
10am-4pm Lap Swim E-Team 1-2:30 Lane 3-10	4:30-4:45pm Lane 1-4, 8-10 CYAC/CHS Lane 5-7 Lap Swim	4:30-4:45pm Lane 1-6, 10 Lap Swim 7-9 CHS	4:30-6pm Lane 1-10 CYAC/CHS 6-6:30pm Lane 1-3, 5-7 CYAC Lane 4, 8-10 Lap Swim	4:45-6:45pm Lane 1-9 CYAC/CHS Lane 10 Lap Swim		Lane 1-3 Rec Swim/ Wibit Weekends
4-5pm Lane 1-7 CYAC 8-10 Lap Swim	4:45-6pm Lane 1-10 CYAC/CHS 6-7:45pm Lane 1-9 CYAC	4:45-6:15pm Lane 1-9 CYAC/CHS Lane 10 Lap Swim	6-6:30pm Lane 1-3, 5-7 CYAC Lane 4, 8-10 Lap Swim	6:45-7:30pm Lane 7-9 CYAC Lane 1-6, 10 Lap Swim	12-5:30pm	Lane 4-10 Lap Swim
5-6pm Lane 1-4 CYAC Lane 5-10 Lap Swim	Lane 10 Lap Swim	6:15-6:30pm Lane 1-10 CYAC	6:30-7pm Lane 1-3, 6-9 CYAC Lane 4-5, 10 Lap Swim	6:45-7:30pm Lane 7-9 CYAC Lane 1-6, 10 Lap Swim	Lane 1-5 Rec Swim/ Wibit Weekends	Village School Lane 4-6 3-4pm
6-7:30pm Lane 1-10 CYAC	7:45-8pm Lane 1-7 CYAC Lane 8-10 Lap Swim	6:30-7:30pm Lane 6-9 CYAC Lane 1-5, 10 Lap Swim	7-8pm Lane 7-9 CYAC Lane 1-6, 10 Lap Swim	7:30-8pm Lane 1-10 Lap Swim	Lane 6-10 Lap Swim	
7:30-8:30pm Lane 1-10 Lap Swim						
		8-8:30pm Lane 1-10 Lap Swim				

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Family Pool Lap Lanes



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Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5-10:30am Lane 1-3 Lap Swim	5-9am Lane 1-3 Lap Swim	5-10:30am Lane 1-3 Lap Swim	5-9am Lane 1-3 Lap Swim	5-9am Lane 1-3 Lap Swim	7-9am Lane 1-3 Lap Swim	
10:30-11:30am Lane 1-3 Group Ex	9-11:30am Lane 1-3 Group Ex/ Swimming Lessons	10:30-11:30am Lane 1-3 Group Ex/ Swimming Lessons	9-11:30am Lane 1-3 Group Ex	9-11:30am Lane 1-3 Group Ex	9-10:30am Lane 1-3 Group Ex/ Swimming Lessons	
11:30am-3pm Lane 1-3 Open Swim	11:30am-3pm Lane 1-3 Open Swim	11:30am-3pm Lane 1-3 Open Swim	11:30am-3pm Lane 1-3 Open Swim	11:30am-3pm Lane 1-3 Open Swim	10:30am-12pm Lane 1-3 Swimming Lessons	12pm- 5:30pm
3-8:30pm Lane 1-3 Lap Swim	3-4pm Lane 1-3 Rec Swim	3-4pm Lane 1-3 Rec Swim	3-4pm Lane 1-3 Rec Swim	3-4pm Lane 1-3 Lap Swim	12-5:30pm Lane 1-3 Rec Swim	Lane 1-3 Rec Swim
	4-7pm Lane 1 Lap Swim Lane 2-3 Swimming Lesson	4-7pm Lane 1 Lap Swim Lane 2-3 Swimming Lesson	4-7pm Lane 1 Lap Swim Lane 2-3 Swimming Lesson	4-6:15pm Lane 1-3 CYAC		
	7-8:30pm Lane 1-3 Lap Swim	7-8:30pm Lane 1-3 Lap Swim	7-8:30pm Lane 1-3 Lap Swim	6-8:30 pm Lane 1-3 Lap Swim		

Open Swim - Pool is open with no play features

Rec Swim - Pool is open with play features on

Pool Closures - 1/13 (4:30), 1/24 (4:30), 1/25, 1/26

Alternate hours - 1/1

Wibit Weekends - 1/3-1/4, 1/10-1/11, 1/17-1/18, 1/31

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Best Lap Swim Times



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Monday	
5-7:30am	*1 lane
7:30-10am	7 lanes
10am-1pm	10 lanes
1pm-2:30pm	2 lanes
2:30pm-4pm	10 lanes
4pm-5pm	3 lanes
5m-6pm	6 lanes
7:30pm-8:30pm	10 lanes

Tuesday	
7:45am-4:00pm	10 lanes
4:00pm-4:45pm	3+ lanes
7:30pm-8:30pm	3+ lanes

Wednesday	
7:30am-1pm	7+ lanes
1pm-2:30pm	2 lanes
2:30pm-4:45pm	6+ lanes
6:30pm-8:30pm	6+ lanes

Thursday	
7:45am-4pm	10 lanes
4pm-4:30pm	3 lanes
6:30pm-8:30pm	3+ lanes

Friday	
5am-7:30am	*1 lane
7:30am-1pm	7+ lanes
1pm-2:30pm	2 lanes
2:30pm-4:45pm	7+ lanes
4:45pm-6pm	1+ lane
6:45pm-8:30pm	7+ lanes

Saturday	
7:00am-8:30am	2 lanes
10:30am-12pm	3 lanes
12pm-5:30pm	7 lanes

Sunday	
12pm-5:30pm	4 lanes

*During the times above there will be at least 2 lanes available for at least 1 hour

*For full availability please see pool schedules