



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PIEDMONT FAMILY YMCA JOB DESCRIPTION

Job Title: Cavalier Aquatics Coach
Leadership Level: Leader
Status: P/T
Reports to: Cavalier Aquatics Head Coach

Pay Range: \$15 – \$20 hourly
FLSA Status: Non-Exempt
Department: Cavalier Aquatics
Revision Date: 04/08/2021

POSITION SUMMARY:

The Cavalier Aquatics Swim Team is a year-round, competitive swim program dedicated to providing all swimmers in the greater Charlottesville/Albemarle area a positive and healthy swimming experience. Cavalier Aquatics offers both YMCA and USA swimming opportunities. The training location is a state of the art 10-lane pool at Brooks Family YMCA located in Charlottesville. This position provides direct leadership, instruction, and motivation for students in swimming.

This position supports the work of the Y, a leading nonprofit committed to strengthening community through youth development, healthy living and social responsibility.

ESSENTIAL FUNCTIONS:

- Instructs Cavalier Aquatics swim practices in accordance with YMCA guidelines, having prepared lesson plans accordingly.
- Builds effective, authentic relationships with swimmers and parents; helps them connect with each other and the YMCA. Encourages parent involvement and identifies potential volunteers.
- Maintains records as required (i.e. attendance, progress reports, etc.).
- Attends staff meetings and trainings as scheduled.
- Follows all YMCA policies, rules, regulations and procedures, including emergency and safety procedures. Completes incident and accident reports as necessary.
- Performs other duties as assigned.

LEADERSHIP COMPETENCIES:

Advancing Our Mission & Cause: Engaging Community, Volunteerism, Philanthropy, Change Leadership

Building Relationships: Collaboration, Communication & Influence, Inclusion

Leading Operations: Critical Thinking & Decision Making, Fiscal Management, Functional Expertise, Innovation, Program/Project Management

Developing & Inspiring People: Developing Self & Others, Emotional Maturity

QUALIFICATIONS:

- Certifications: CPR for the Professional Rescuer, AED, Background check through USA Swimming, Safety Training for Swim Coaches (online and in water), Foundations of Coaching 101, Athlete Protection Training.
- Must be able to demonstrate swim instructor skills in accordance with YMCA standards.
- At least 18 years of age.
- Coaching member of USA Swimming and Virginia Swimming.

WORK ENVIRONMENT & PHYSICAL DEMANDS:

- The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
- Ability to instruct and observe participants in proper stroke techniques.
- Ability to lift equipment, and to lift a small to average size child.

SIGNATURE:

I have reviewed and understand this job description.

Employee's name

Employee's signature

Today's date: _____