



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## PIEDMONT FAMILY YMCA JOB DESCRIPTION

Job Title: Lifeguard Instructor  
Leadership Level: Leader  
Status: P/T  
Reports to: Aquatics Coordinator

Pay Range: \$18.00-\$22.00  
FLSA Status: Non Exempt  
Department: Aquatics  
Revision Date: 4/2024

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### POSITION SUMMARY:

Conducts all aspects of American Red Cross Lifeguard training. Instructs class participants in a safe, enjoyable, and positive environment that welcomes people of all skill and fitness levels. Provides direct leadership, instruction, and motivation for students in swimming classes.

### ESSENTIAL FUNCTIONS:

- Follows YMCA policies and procedures; responds to emergency situations in accordance with YMCA policies
- Instructs American Red Cross lifeguarding training in accordance with YMCA guidelines, having prepared lesson plans accordingly
- Knows, understand, and consistently applies safety rules, policies, and guidelines for the pool and aquatics area
- Maintains records as required (i.e. attendance, skill completion, answer sheets, etc.)
- Performs equipment checks and ensures appropriate equipment is available and prepared
- Organizes and puts away appropriate equipment. Reports damaged equipment
- Adheres to all American Red Cross curriculum standards and requirements
- Additional duties as assigned

### LEADERSHIP COMPETENCIES:

Advancing Our Mission & Cause: Engaging Community, Volunteerism, Philanthropy, Change Leadership

Building Relationships: Collaboration, Communication & Influence, Inclusion

Leading Operations: Critical Thinking & Decision Making, Fiscal Management, Functional Expertise, Innovation, Program/Project Management

Developing & Inspiring People: Developing Self & Others, Emotional Maturity

### QUALIFICATIONS:

- Minimum age of 18
- American Red Cross Lifeguard/CPR/AED/First Aid Certification
- American Red Cross Lifeguarding Instructor Certification
- American Red Cross CPR/First Aid Instructor Certification or ability to obtain within 30 days of hire
- American Red Cross Babysitters Certification or ability to obtain within 30 days of hire
- 1-3 years of lifeguarding experience
- Working knowledge of Microsoft office suite

- Effective leader with the ability to communicate, motivate, and guide participants of all ages.
- Must demonstrate lifeguard skills with instructor level competency

**WORK ENVIRONMENT & PHYSICAL DEMANDS:**

- The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
- Ability to physically perform all skills required of a lifeguard
- Ability to instruct and observe participant's performance
- The employee must occasionally lift and/or move up to 30 pounds.

**SIGNATURE:**

I have reviewed and understand this job description.

Employee's name: \_\_\_\_\_ Employee's signature: \_\_\_\_\_

Today's date: \_\_\_\_\_