

# NEW FOR BROOKS Y MEMBERS

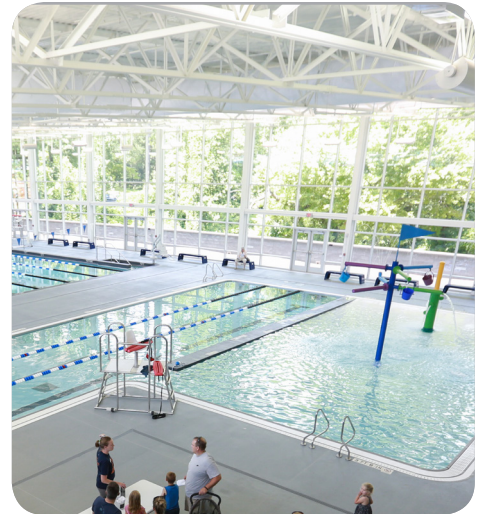


## RATE INCREASE

In order to keep providing the highest-quality service, we periodically have to adjust our rates. We have not had a rate increase since our opening in 2017 and do not expect another in the foreseeable future. On **January 1, 2020**, Brooks YMCA membership rates will increase by a moderate amount based on membership type:

<b>Individual:</b>	\$54 to \$59	<b>Family:</b>	\$86 to \$95
<b>Senior:</b>	\$48 to \$53	<b>Couple:</b>	\$78 to \$86
<b>Youth:</b>	\$28 to \$31		

As a nonprofit, the Y offers income-based sliding-scale memberships through our donor-funded Open Door Financial Assistance Program. For more information on membership, rates, and financial assistance, please visit [piedmontymca.org/membership](http://piedmontymca.org/membership).



## NEW OFFERINGS

The Brooks Y continues to grow and change to serve you better! We are proud to share these recent and upcoming additions:

- We have new wellness, aquatics, and other offerings: Les Mills Body Attack, synchronized swimming, ballroom dancing & more!
- Stay & Play now offers children a variety of structured activities, and accepts children from 6 weeks-12 years old.
- A new Lifelong Essentials for Activity and Nutrition (L.E.A.N.) program starting in January will empower adults to get healthier.
- A new Teen Night will be coming in 2020!



## KINDNESS CAFE

Soon you'll be able to buy lattes, smoothies, and more at a mission-driven coffee shop in the Brooks Y lobby! **Kindness Cafe**, a new Charlottesville nonprofit, will provide meaningful employment for adults with cognitive disabilities while creating a joyful, inclusive community space. Kindness Cafe will partner with Building Goodness Foundation in the coming months to construct the cafe's first location at Brooks, for you to enjoy!

