



# Final Instructions for 10K Runners and 2-Mile Walkers

## Packet pick-up for runners and walkers:

Friday, October 27, 4-7pm in the Y lobby

## Saturday, October 28 Timeline:

7am: YMCA Opens

7-8am: Last-minute bib pick-up will be available in Y lobby

8-8:45am: Y entrance road from Rugby/250 Bypass will be closed

8:20am: National Anthem at the start line.

**NOTE:** The start line is at the end of the YMCA Parking lot by the softball fields on the way to the Skate Park towards Rugby. Families – give yourself enough time to walk over.

8:30am: Race begins

9:45am: Awards for Top overall female and male winners

10:15am: Awards for 1st male and female in 10 year age groups: under 19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 and over

10:30am: Course closes

## General Guidelines:

- Follow these guidelines for a safe, enjoyable and spooktacular experience.

- **The roads will be open;** please be cautious at all times to ensure safety.
- **Walkers stay on the right of the road for the entire course.**
- **Walkers, don't forget to bring your bags** from packet pick-up to collect candy along the route!
- **10K Runners stay on the right** for almost the entire course until the end when you turn left into the HS parking lot off of Melbourne onto Grover Court - hug the left side by the baseball fields up to the high school track.
- **There will be directional yard signs all along the course.** Follow the signs.
- Runners will be lined up 1st and take off before the walkers.
- **Walkers PLEASE line up towards the back,** behind the runners' wave.
- Anyone using a jogger stroller, please be mindful of making sure you allow enough space to keep everyone safe.
- We encourage costumes! However, make sure your costumes are safe for running or walking.
- Allow yourself enough time to park and comfortably arrive to the start line no later than 8:15 am
- No porta potties. Restrooms are available inside the YMCA and at the Charlottesville High School Track.
- **Bibs** Make sure to wear your bib on the front outmost layer, so that the chip is read
- **The course will officially close at 10:30.** If, by chance, you find yourself still on the course, please move to the sidewalks and be careful.

### **Packet Pick-up:**

For Runners, Walkers & Volunteer packet pick-up will be taking place in the Y Lobby:

- Friday: 4:00 pm to 7:00 pm
- Saturday: 7:00 am to 8:00 am (ending promptly at 8am)
- We encourage everyone to pick up their packets on Friday evening to minimize congestion on Saturday morning

### **Aid Stations:**

Oasis awaits at these bone-chilling miles:

- Mile 1.2: Water – Walker Avenue Elementary School

- Mile 3.1: Water and Gatorade – After making the right on Tarleton, down the hill, the aid station will be on the flat before climbing again
- Mile 5.2: Water – towards the end of the Bike Path near the Melbourne intersection

Be aware you'll be without water for 2 miles between the last 2 aid stations

### **Safety and Course Details:**

- The course will be *spellbindingly* marked; follow the directional signs on the lawns and creepy lime markings on the road.

### **Walkers:**

- **For your safety, we encourage walkers to stay on the sidewalk** when possible, especially after exiting the Dairy Pedestrian Bridge
- Continue to stay on the right side of Grove on the sidewalk, heading towards the High School.
- As previously mentioned, you will be staying on the right side of the roads for the entire course.

### **Finish Line Instructions:**

- **Runners will be entering on the right** and staying on the 2 outside lanes of the track (to the right) to run a full lap (passing the finish line arch) before entering into the finish. [See map here.](#)
- **Walkers will be entering the track, making a right and staying on the inside lanes (to the left)** to the finish line arch. [See map here.](#)

### **Event Parking Information:**

- **To all those runners or walkers not attending the YMCA Fall Festival (which starts at 10am):**
  - Park near the race finish line at Charlottesville High School.
  - Journey to the starting line at the Y through the mystical McIntire Park Triangle Trails beginning by the tennis courts.
  - It's a quick trip, guided by signs
- **To all those who plan to attend the Fall Festival, enter the YMCA parking lot off of 250 near the firehouse.**

- For those parking at the Y, just remember that the finish line is at the Charlottesville High School, so you'll need to walk back to the Y from the finish line after the race.

### **Road Closure:**

The McIntire Park Drive entrance to the Y parking lot closes sharply at 8am; enter the Y through the access road near the firehouse from 250.

### **Timing and Results:**

- Blue Ridge Timing posts results on RunSignUp for all participants with bibs – runners and walkers
- Walkers aged 13 and over will receive a bib.

### **Medals:**

- All participants receive a medal upon finishing.

### **Photos:**

- Jay Profit will be posting the pictures on RunSignUp. You will have free access to download the photos.

**Get ready** to add some fun and flair to your run by donning those costumes! Strap on those running shoes, let the spirit of the Halloween Hustle carry you forward. Embrace the adventure, and may the wind always be at your back. Best of spooky fun on your exciting and stylish journey!

**Run wild and keep it spooky,**

**YMCA Gatorade Halloween Hustle 10K/2M Race Committee**