



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**PIEDMONT FAMILY YMCA  
VOLUNTEER COACHING APPLICATION**

*We thank you for your interest in volunteering at the Piedmont Family YMCA as a Youth Sports Coach. We will review your application and try our best to match your sports interest with our available positions. We will contact you once we have placed you in a position.*

*We greatly appreciate your decision to volunteer with our organization and look forward to working with you soon!*

**PERSONAL INFORMATION:**

Name \_\_\_\_\_  
Last First Middle Date \_\_\_\_\_

Other names by which you have been known and applicable dates:

Date available to start: \_\_\_\_\_ Hours available: \_\_\_\_\_

Availability:  Monday  Tuesday  Wednesday  Thursday  Friday  Saturday  Sunday

Present Address \_\_\_\_\_  
Street City State Zip Code How Long?

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Are you 18 years of age or older? (Requested for compliance to applicable state and federal laws)  Yes  No

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ \*required for mandatory Criminal History Check

**EMERGENCY CONTACT INFORMATION:**

Name \_\_\_\_\_  
Last First Middle

Present Address \_\_\_\_\_  
Street City State Zip Code

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

**INTERESTS & EXPERIENCE:**

Please check the program(s) in which you wish to volunteer:

- Aquatics  Basketball  Cheerleading  Flag Football  Lacrosse  Soccer  
 Track  Tennis  Tumbling  
 Other: \_\_\_\_\_



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**PIEDMONT FAMILY YMCA  
VOLUNTEER COACHING APPLICATION**

List any special skills, second languages, or other training you may have. \_\_\_\_\_  
\_\_\_\_\_

List all professional licenses, certifications, etc. along with date issued and name of the organization granting the license or certificate.  
\_\_\_\_\_  
\_\_\_\_\_

Please list any sports you have played for a significant period of time: \_\_\_\_\_  
\_\_\_\_\_

Please list any sports you have coached before: \_\_\_\_\_  
\_\_\_\_\_

If any, what other organization(s) have you volunteered for? \_\_\_\_\_  
\_\_\_\_\_

Why have you decided to volunteer? \_\_\_\_\_  
\_\_\_\_\_

If you have a child in the program and you plan to coach their team, please indicate that below:

Child's Name: \_\_\_\_\_ League: \_\_\_\_\_

**KNOWLEDGE OF YOUTH SPORTS PROGRAMS:**

*Please rate your knowledge of the following topics with regard to the sport program(s) you are volunteering for. Please use the rating scale listed below.*

- 1 = You know very little about it
- 2 = You have reasonably good knowledge about it
- 3 = You know a great deal about it

Skills and strategies of the sport	1	2	3
Developing sportsmanship	1	2	3
Rules of the sport	1	2	3
Communication skills	1	2	3
Organizing practices	1	2	3
Warm-up and physical conditioning techniques	1	2	3
Conducting character development activities	1	2	3
Equipment needs and specification	1	2	3
Working with parents	1	2	3
Injury prevention and treatment	1	2	3
Principles for teaching sports skills	1	2	3
Managing time	1	2	3



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**PIEDMONT FAMILY YMCA  
VOLUNTEER COACHING APPLICATION**

**REFERENCES:**

*Include at least two individuals who can comment on your work performance and character. You may include only unrelated personal references.*

**1. Name** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Work Phone** \_\_\_\_\_  
**Company** \_\_\_\_\_ **Title** \_\_\_\_\_  
**Relation to Applicant** \_\_\_\_\_ **Length of Time Known** \_\_\_\_\_

**2. Name** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Work Phone** \_\_\_\_\_  
**Company** \_\_\_\_\_ **Title** \_\_\_\_\_  
**Relation to Applicant** \_\_\_\_\_ **Length of Time Known** \_\_\_\_\_

**AGREEMENT:**

<p>2. I hereby certify that the information provided on this application is accurate to the best of my knowledge and subject to verification by the YMCA.</p> <p>3. I authorize the schools, persons, previous employers, agencies and other organizations named in this application to provide the YMCA (its authorized employees, agents or representatives) with any relevant information that may be required to arrive at a volunteering decision and hereby release any such schools, persons, previous employers, agencies and organizations from any and all liability which they might otherwise incur as a result.</p> <p>4. I understand that any misrepresentation or omission of a material fact on my application may be justification for refusal of the volunteer position, or if accepted for a volunteering position, sufficient causes for my dismissal without advance notice.</p>	<p>1. In the event I am given the opportunity to volunteer, I understand that all volunteers are subject to dismissal at the discretion of the YMCA. I am free at any time to dismiss my volunteer position if I feel to do so.</p> <p>5. I understand that beginning and continuing to volunteer with children in any YMCA program depends, in part, on the following:  Satisfying the YMCA's requirements concerning:  <input checked="" type="checkbox"/> My criminal history record  <input checked="" type="checkbox"/> Reference checks  <input checked="" type="checkbox"/> Documents required by law</p> <p>6. I understand that as long as I am volunteering with the YMCA, the YMCA may repeat any or all of the above requirements at any time.</p>
--	--

*I have read, had the opportunity to ask questions, and understand the above statements and accept the same as a condition of my volunteering opportunity with the YMCA.*

\_\_\_\_\_  
Volunteer Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Staff Signature

\_\_\_\_\_  
Date