



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

PIEDMONT FAMILY YMCA JOB DESCRIPTION

Job Title: Wellness Attendant
Status: P/T
Reports to: Wellness Director

Pay Range: \$14/hr
FLSA Status: Non-Exempt
Department: Wellness

POSITION SUMMARY:

The position supports the work of the Y, a leading nonprofit committed to strengthening the community through youth development, healthy living, and social responsibility. The primary role will be to maintain the wellness floor by cleaning equipment, stocking sanitation stations, and ensuring members are following the policies and procedures for a safe workout environment. The Wellness Attendant will help create a welcoming environment for all members of all backgrounds and abilities.

The current available shifts are:

- Daytime hours (either 8a-1p, or 1-5p)
- Weekday opener (beginning at 5:15am)
- Friday evening and rotating weekends

Shifts will be no longer than 4 hours. Exact hours are subject to change based on schedule logistics.

ESSENTIAL FUNCTIONS:

- Maintaining the wellness floor.
- Cleaning exercise equipment according to the schedule or as requested by the supervisor.
- Engaging with members and answering questions to ensure their safety on the wellness floor.
- Follow YMCA policies and procedures.
- Respond to emergency situations.
- Uphold the YMCA core values of caring, honesty, respect, and responsibility.
- Perform other duties as assigned.

LEADERSHIP COMPETENCIES:

Advancing Our Mission & Cause: Engaging Community, Volunteerism, Philanthropy, Change Leadership

Building Relationships: Collaboration, Communication & Influence, Inclusion

Leading Operations: Critical Thinking & Decision Making, Fiscal Management, Functional Expertise, Innovation, Program/Project Management

Developing & Inspiring People: Developing Self & Others, Emotional Maturity

QUALIFICATIONS:

- Must be 20 years of age.
- CPR/AED/First Aid required within 60 days of hire date.
- YMCA New Hire Orientation and other applicable YMCA training within 30 days of the hire date.
- Excellent verbal and written communication skills, interpersonal abilities, and computer proficiency are necessary.

WORK ENVIRONMENT & PHYSICAL DEMANDS:

- The physical demands will include standing, walking up and down stairs frequently, bending down to clean equipment, and lifting weights to re-rack. Should be able to lift up to 50 lbs.
- Candidates must be able to perform all physical aspects of the position, including walking, standing, bending, reaching, and lifting.

SIGNATURE:

I have reviewed and understand this job description.

Employee Name

Employee Signature

Date