

Preschool Swim Lessons

Winter 2023 | Brooks Family YMCA



choose a session



select a class



Registration



pick a method

Saturday

8 weeks

Jan 7 – March 4, no class Jan 14

Registration opens

12/12 member, 12/19 non-member

Stage	30 minute class	Member/nonmember
1	9 – 9:30 am	\$70/\$94
1	10 – 10:30 am	\$70/\$94
2	9:30 – 10 am	\$70/\$94
2	10:30 – 11 am	\$70/\$94
3	10:30 – 11 am	\$70/\$94

Monday & Wednesday

4 weeks

Jan 9 – Feb 1

Registration opens

12/12 member, 12/19 non-member

Stage	30 minute class	Member/nonmember
1	4 – 4:30 pm	\$70/\$94
2	4:30 – 5 pm	\$70/\$94

Tuesday & Thursday

4 weeks

Jan 10 – Feb 2

Registration opens

12/12 member, 12/19 non-member

Stage	30 minute class	Member/nonmember
1	4 – 4:30 pm	\$70/\$94
2	4:30 – 5 pm	\$70/\$94

Monday & Wednesday

4 weeks

Feb 13 – Mar 8

Registration opens

1/16 member, 1/23 non-member

Stage	30 minute class	Member/nonmember
1	4 – 4:30 pm	\$70/\$94
2	4:30 – 5 pm	\$70/\$94

Tuesday & Thursday

4 weeks

Feb 14 – Mar 9

Registration opens

1/16 member, 1/23 non-member

Stage	30 minute class	Member/nonmember
1	4 – 4:30 pm	\$70/\$94
2	4:30 – 5 pm	\$70/\$94

Preschool age
3–5 years

Stages

Stage 1 Water Acclimation. Students develop comfort with underwater exploration and learn to safely exit the pool.

Stage 2 Water Movement. Students focus on body position and control, directional change and forward movement in the water.

Stage 3 Water Stamina. Students learn how to swim to safety from a longer distance. Rhythmic breathing and integrated arm and leg action are introduced.

Online | PiedmontYMCA.org | Phone 434.974.9622 | In person 151 McIntire Park Drive
Charlottesville, VA 22902

➤ Financial assistance is available



STRONG SWIMMERS

CONFIDENT KIDS



Preschool Swim Lessons

Winter 2023 | Brooks Family YMCA

Monday – Thursday Mini Session

2 weeks

Mar 20-23 & 27-30

Registration opens

2/14 member, 2/21 non-member

Stage	30 minute class	Member/nonmember
2	4 – 4:30 pm	\$70/\$94
3	4:30 – 5 pm	\$70/\$94



Registration

3

pick
a method

Preschool age
3–5 years

Stages

Stage 1 Water Acclimation. Students develop comfort with underwater exploration and learn to safely exit the pool.

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